

Double-Knit Heart/Checkerboard Scarf



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Materials

Yarn: 120 yards super-bulky yarn in each of two colors (MC and CC).

Left: 2 balls each *Blue Sky Alpacas Bulky* in *Boysenberry* and *Jasmine*.

Below: 1 ball *Brown Sheep Burly Spun* in *Sable* and 2 balls *Twinkle Handknits Soft Chunky* in *Powder*.

Needles: One pair straight needles US Size 15 (10 mm) or size required to get gauge.

Gauge: 2.5 sts in. in St st.

Notions: Scissors, tapestry needle.

Finished Measurements: 5 in. wide x 6-7 feet long

Abbreviations/Terms

BO – Bind Off

CC – Contrasting Color

CO – Cast On

MC – Main Color

Options: Heart Scarf, Checkerboard Scarf)

Pattern Notes

Scarf includes 2 options for the double-knit design: large hearts or a checkerboard. The heart chart comes from Nicky Epstien's book *Knitting Over the Edge*.

I recommend designating the lighter of your two colors as your MC, as this is how it appears on the chart.

Knitting From a Chart

You will be knitting this entire pattern from a chart. Each square on the chart (besides the border stitches) represents the first st of each two-st pair that you make when you double knit. As a rule, you will knit the 1st st of the pair according to the legend on the chart. Then move both yarns to the front and p the next st with the other color.

To work white squares on the chart, k the 1st st of the pair with the same color as the background and p the 2nd st of the pair with the opposite color as the background. This will become clear as you follow the written directions for Rows 1-4 below.

To work the purple squares on the chart, knit with the color opposite the background color, and purl the 2nd st of the pair with the same color as the background.

Refer to the Heart or Checkerboard Chart on page 4 as you knit.

Cast-On

Using the Long-Tail Cast-On and both needles held together, with MC, CO 9 sts for the Heart Scarf or 8 sts for the Checkerboard Scarf. Remove one needle from the sts. The sts should be large and even.

Setup Row (Row 1 of Chart)

Work Row 1 of your chart as follows:

Join CC. With MC and CC held together, k1. This is the border stitch.

Drop CC.

*With both yarns in back, with MC, k1 but do not remove st from left-hand needle. Drop MC. Move both yarns to front.

With both yarns in front, with CC, p into same st. Remove the st from the left-hand needle. Drop CC. Move both yarns to back. Rep from * to last st.

With MC and CC held together, k last st. Turn.

You should now have one row of alternating-colored stitches on your needle, with one border stitch made with both yarns on either side.

Row 2

Work Row 2 of your chart as follows:

With MC and CC held together, k1.

*With CC, k1. *Check you are doing it right: the stitch you just knit into should be the same color as the yarn you knit it with.* Move both yarns to front. Drop MC.

With MC, p1. *Check you are doing it right: the stitch you just purled into should be the same color as the yarn you purled it with.* Move both yarns to back.

Rep from * to last st.

With MC and CC held together, k last st. Turn.

Row 3

Work Row 3 of your chart as follows:

With MC and CC held together, k1.

*With MC, k1. Move both yarns to front.

With CC, p1. Move both yarns to back.

Rep from * to last st.

With MC and CC held together, k last st. Turn.

Row 4

Repeat Row 2. You should now have a few rows of knitting that are clearly one color on one side and the other color on the other. Good job! The main color you see facing you on the scarf is the background color referred to in the chart legend.

Rows 5-6

Refer to the appropriate chart for your scarf. Following the chart, start on Row 5 and read from right to left. Work the white and purple squares according to the legend.

K each border st with both yarns as usual.

Notice that for Row 6, the background color for your scarf is now a different color than it was for Row 5.

Work the rest of scarf according to chart, repeating from Row 5.

Heart Scarf Only

When you are halfway through the Heart Scarf (approx. 3-3½ feet, or at least 4 or 5 heart motifs), turn the chart upside down and work the second half of the scarf according to the upside-down chart. This ensures that the hearts will be right-side up on both halves of the scarf.



Finishing (Both Scarves):

With MC, BO as follows:

K1, *k2tog, pass 2nd st on right-hand needle over 1st st on right-hand needle, rep from * to last st, k1, pass 2nd st on right-hand needle over 1st st on right-hand needle. Break yarn.

Weave in ends, hiding them in between the two sides of the scarf.

Block and enjoy.

[Link Your Project to This Pattern on Ravelry](#)

Appendix - Heart and Checkerboard Charts

